



NOVEMBER 2019

Elementary

Nutritional Development Services
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday

Tuesday

Wednesday

Thursday

Friday

4

319 Orange Cranberry Muffin
 670 Fresh fruit
 749 Apple-Cherry Juice

Pre-K: 346 Cinnamon Toast Crunch

5

366 Blueberry Bagel
 670 Fresh Fruit
 609 Dole Mixed Fruit Cup

Pre-K: 339 Orange Cranberry Muffin

6

334 Cinnamon Toast Crunch
 Cereal
 697 Bagged Sliced Apples
 750 Apple Juice

Pre-K: 336 Strawberry Pancakes

7

327 Pillsbury Maple Mini Waffles
 670 Fresh Fruit
 658 Cherry Craisins

Pre-K: 349 Corn Chex

8

368 Plain Bagel
 670 Fresh Fruit
 752 Fruit Punch Juice

Pre-K: 332 Apple Cinnamon Muffin

11

367 Cinnamon Raisin Bagel
 670 Fresh Fruit
 750 Apple Juice

Pre-K: 342 Cheerios

12

334 Cinnamon Toast Crunch
 Cereal
 670 Fresh Fruit
 752 Fruit Punch Juice

Pre-K: 330 Blueberry Muffin

13

359 Honey Scooters Cereal
 670 Fresh Fruit
 647 Dole Mandarin Orange Cup

Pre-K: 343 Rice Chex Cereal

14

329 Trix Cereal Bar
 670 Fresh Fruit
 749 Apple-Cherry Juice

Pre-K: 331 Corn Muffin

15

NO SCHOOL TODAY

18

329 Trix Cereal Bar
 670 Fresh Fruit
 697 Bagged Sliced Apples

Pre-K: 345 Honey Scooters

19

322 Blueberry Muffin
 670 Fresh Fruit
 753 Orange Juice

Pre-K: 335 Banana Muffin

20

321 Banana Muffin
 670 Fresh Fruit
 748 Grape Juice

Pre-K: 367 Cinnamon Raisin Bagel

21

325 Cinnamon Chex Cup
 670 Fresh Fruit
 684 Mixed Berry Applesauce

Pre-K: 339 Orange Cranberry Muffin

22

366 Blueberry Bagel
 670 Fresh Fruit
 753 Orange Juice

Pre-K: 347 Cinnamon Chex

25

304 Cinnamon Bagel-ful
 670 Fresh Fruit
 748 Grape Juice

Pre-K: 332 Apple Cinnamon Muffin

26

309 Apple Jammer
 670 Fresh Fruit
 659 Watermelon Craisins

Pre-K: 346 Cinnamon Toast Crunch

27

334 Cinnamon Toast Crunch
 Cereal
 670 Fresh Fruit
 752 Fruit Punch Juice

Pre-K: 367 Cinnamon Raisin Bagel

28

Happy Thanksgiving

29

Happy Thanksgiving

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal business hours.